

Bethany Hamilton: Unstoppable discussion guide

Discussion for a movie night: Enjoy the film. Afterwards, here are some discussion questions that might help you to engage with others on the topics from the film.

Enjoy the time engaging with the film, your faith and friends.

Synopsis

It has been over a decade since surfer Bethany Hamilton broke onto the world stage with her story of losing her arm to a 14-foot tiger shark. Many may remember her well-documented comeback in surfing and then the release of her autobiographical best-seller and film, *Soul Surfer*. In her short life, Bethany has gone on to become an icon of overcoming life's difficulties.

What most of the world may not know is that life has continued on for the surfing champion and she continues to be a dynamic and driven woman. *Unstoppable* documents her life by relying on the surfer to tell her own story. Even showing how she has grown over the past few years as a wife, mother, and a person. The production team utilises the extensive family footage of the Hamilton family and their journey alongside their child who went from a talented surfer to become a sporting legend.

Discussion points

1. This film is more than *Should Surfer II*. This is such personal depiction of Bethany Hamilton. Were you inspired by her story? Why or why not?
2. During her rehabilitation, she had to figure out new ways of living. What would you do if you lost a the function of part of your body, would you be able to adapt?
3. The term handy-capable was used throughout the film. She even deferred an award for being a disabled athlete. Do you see the capabilities in those who have physical or mental struggles?

'For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.' Psalm 139: 13-14

4. Bethany is outspoken about her Christian faith, but she seems to be winsome in every aspect of her life. Did this change your view on Christianity?
5. Her family was exceptionally supportive of her throughout the surfer's life. How did this make you appreciate your own family? Would you do the same for your child or sibling?

'This is my command: love each other.' John 15:17



Do you think you will surf again?

Do I think? I know.